

# **The Impact of Aging Population on China's Health Workforce : Challenges and Opportunities**

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# Surging Demand: The "Silver Tsunami" and Chronic Diseases

## Growth of Elderly Population (2015-2024)

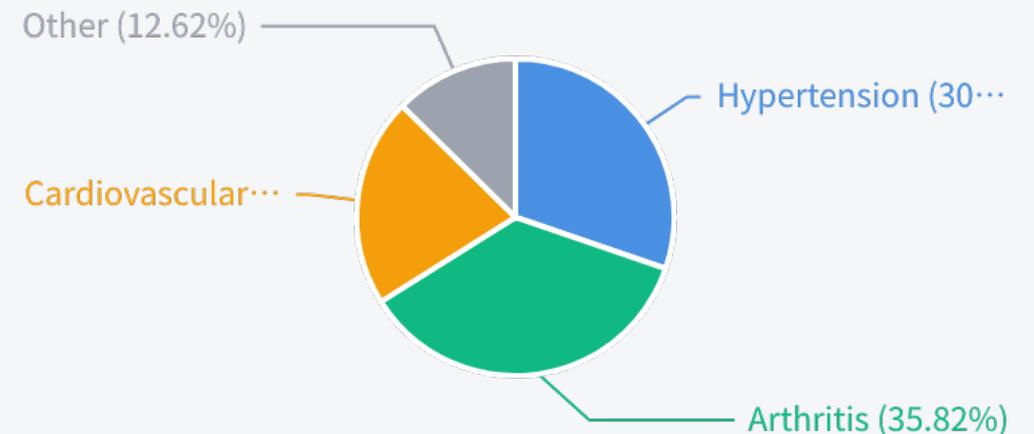


The proportion aged 60 and above to the total population is **22.0%**.

The proportion aged 65 and above to the total population is **15.6%**.

The proportion aged 80 and above to the total population is **3.3%**.

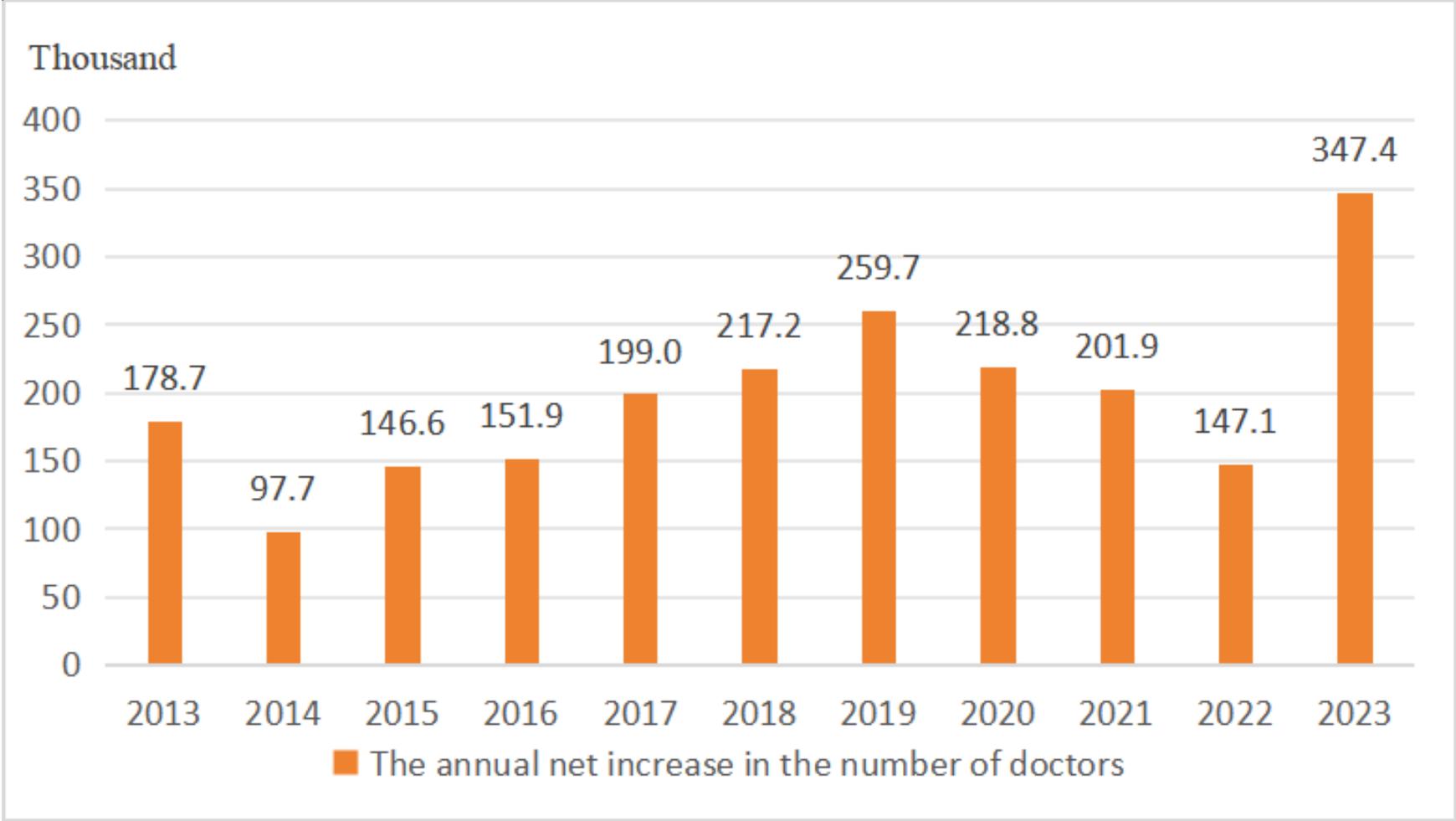
## Prevalence of Chronic Diseases in Elderly (60+)



A staggering **81.1%** of the elderly suffer from at least one chronic disease.

By the end of 2024, about **35 million** older adults had difficulties with self-care, around **11%** of the elderly population, and this number is projected to rise to about **46 million by 2035**.

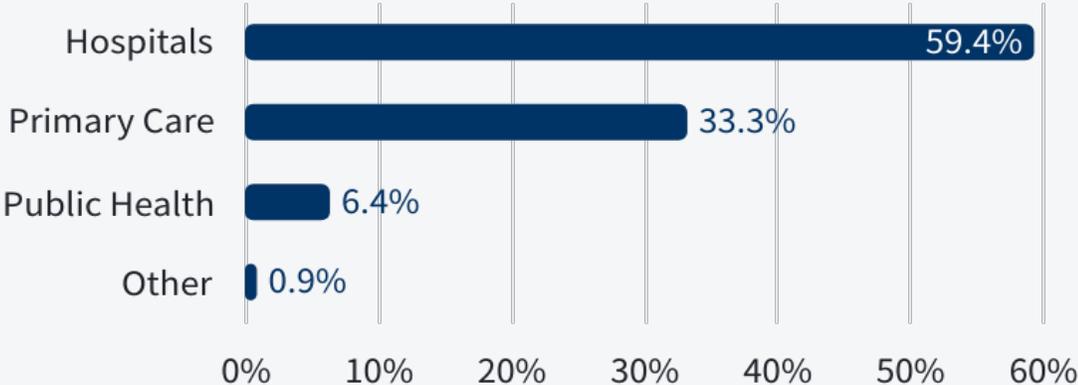
# Supply-Side: Increasing Health Workforce



By the end of 2024, total health personnel reached about 15.78 million, a 3.6% increase over the previous year.

# Supply-Side Bottlenecks: Maldistribution and Shortages

## Distribution of Health Personnel in China (2024)



💡 Most health personnel work in hospitals, but aging care is best delivered in communities.

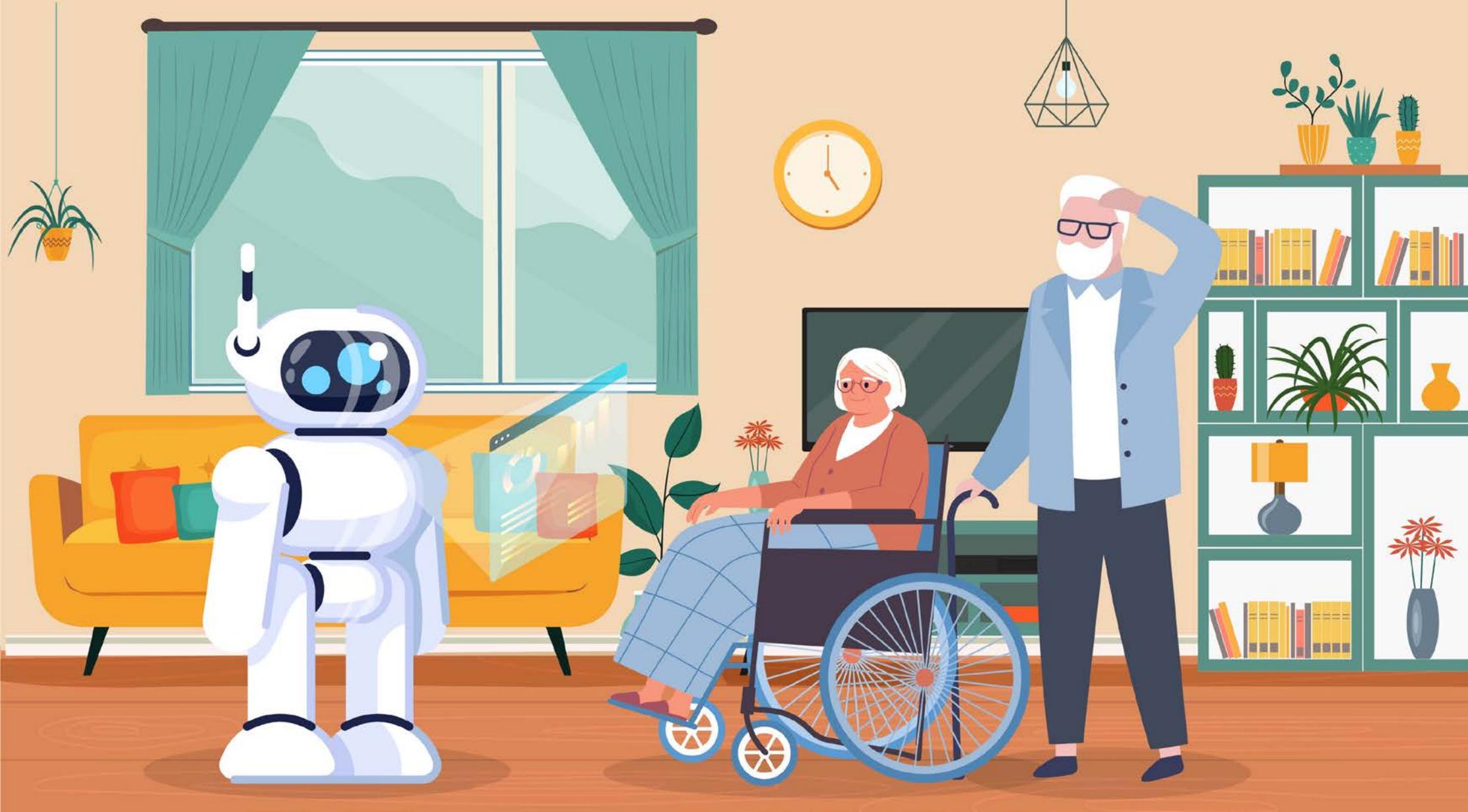
## Critical Shortage of Elderly Care Workers

 Demand for Elderly Care Workers  
**Over 6 million**

 Huge Supply-Demand Gap  
**Severe Shortage**

**Structural imbalance and severe shortage are major bottlenecks in healthcare for aging populations.**

# Solutions: Building a Fit-for-Purpose Health Workforce



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# Conclusion

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## Key Takeaway

China's aging population presents a predictable but manageable challenge to the health workforce.



## The Solution

The response must be structural, focusing on reconfiguring the workforce (by location, skills, and roles) rather than just enlarging it.



## Collaboration is Key

Success requires coordinated efforts from government, institutions, and society as a whole.

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# Thank You

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